

PREMIUM FOOD AND LIFESTYLE COMMUNITY

New Zealand's #1 food and lifestyle magazine

Cross-platform media kit

Autumn/Winter 2025

Bel Bonnor

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WELCOME TO dish

dish is a multi-award-winning magazine and New Zealand's most loved foodie title. We are our audience's go-to for recipes, reviews, drinks, travel, interviews and lifestyle inspiration.

Our continued growth and cross-platform success across print, digital and events is thanks to the powerful connections and credibility we have spent 20 years fostering with our audience - our community!

The *dish* community gets value from our high-quality, low fuss recipes, our dedication to excellent editorial content, and our unparalleled insights on home cooking, wine and beverage, hospitality, travel and lifestyle.

Whether we're working on a full recipe creation package or a well-timed digital feature, we partner with brands we know our community will love, buy and engage with.



OUR CROSS-PLATFORM AUDIENCE

#1

Highest crossplatform audience of all food & lifestyle magazines in NZ* #3

Highest cross-platform audience of all magazines in NZ*

3X

more sales compared to our closest competitor**

MAGAZINE

257K
Nielsen
total readership

#]

Food & drink magazine on iSubscribe

35.5K

15.7 K
Subscribers

80-90%

Sell-through rate

(industry standard in NZ: 51%)

Sources: *Roy Morgan, dish Audience Survey 2024, Google Analytics, Meta Business Suite, Campaign Monitor Analytics.

** Sales comparison: "Over the last 6 issues, Dish has sold more than three times as many magazines in Woolworths, Foodstuffs North Island, Relay & Whitcoulls than our closest competitor. That is 235% more than our closest competitor and we are still ranked number one in the food category. Are Media Retail Scan Data 2024

SCGMedia

OUR CROSS-PLATFORM AUDIENCE

WEBSITE

527K

Monthly website page views

1m 39s

Avg. website page dwell time

132K

Unique monthly website visitors

SOCIAL MEDIA

71K
Instagram
followers

476K

Facebook followers

1.5M

Pinterest monthly views

EDM

56K
Database

53% Open rate $10^{0} / 0$ Click-through rate

Sources: Roy Morgan, dish Audience Survey 2024, Google Analytics, Meta Business Suite, Campaign Monitor Analytics

GETTO KNOW OUR COMMUNITY

MAGAZINE AUDIENCE

High socio

95%

female

29%

Auckland-based

DIGITAL AUDIENCE

Mid-high socio

50% aged 25-44 84%

female

Sources: dish Audience Survey 2024, Nielson, Meta Business Suite For more insights, contact our Commercial Manager (details on p1 & p23)



GETTO KNOW OUR COMMUNITY



68%

Cook every day



47%

Visit the *dish* website at least once per week



99%

Engage with our recipes at least once per week



70%

Drink wine twice per week or more



52%

Travel overseas at least once per year



70%

Travel within NZ on holiday twice per year or more



75%

Consider attending events & experiences advertised in *dish*



65%

Regularly engage with our restaurant/hospo reviews

For more insights, contact our Commercial Manager (details on p1 & p23)

Sources: dish Audience Survey 2024, Nielson, Meta Business Suite



WHY ALIGN WITH dish?

TANGIBLE RESULTS

Our community actively seeks out brands and products that have our nod of approval!

71% have visited a website

72%
have purchased reviewed products

85% talk to someone about what they have seen/read

RELEVANCE AND LONGEVITY

Our print and digital content and recipe themes are aligned with seasonal produce, the latest food trends and the current interests of our community. We ensure that our sponsored content remains on theme and on brand; advertising in contextually relevant environments achieves up to 8x more attention!*

Unlike most publications, our content gets engagement long after publishing. Many *dish* readers are still cooking from issues from 3 or more years ago!

SOMETHING DIFFERENT

Go beyond the standard ad package!
More than 75% of our sponsored print content in each issue is 'advertorial'; our team loves to get creative with your products and collaborate on recipes, or create editorial-style content for your brand to maximum engagement.

We will take the time to understand your brand objectives and strategise the best ways to create beautiful, usable content assets that you and our audience will love.

BRAND POSITIONING

A partnership with *dish* is a long-term investment in the credibility of your brand.

Our audience cares about quality and value, and our exposure and authority in the food & beverage industry makes *dish* the publication to align yourself with. We choose you too - maintaining our authenticity and curated standard means brands enjoy more trust and authenticity from our audience.

WAYS TO ENGAGE

BRAND ADVERTISING
Simple and effective! Deploy your brand

collateral to our highly engaged audience across our print & digital platforms.

2 ADVERTORIAL - supplied assets

Want a little more *dish* flavour? We can use your brand assets and copy (with a little tweaking from us) to create beautiful magazine spreads and digital features.

3 EVENTS

dish hosts, produces and partners with a wide variety of events, from our well-known Dine With dish evenings, to cooking demonstrations and one-off bespoke events. No idea is too ambitious!

ADVERTORIAL - dish content creation

We work together to tell your story!

Our team collaborates with brands to deliver:

- Recipe creation, with your products front and centre with styling, photography and optional video
- How-to guides
- Editorial-style features, product reviews and interviews.

We don't just create content for food brands; we get just as excited about beverages, kitchenware, homeware, restaurants, cafes and bars, and travel content!

GIVEAWAYS & COMPETITIONS

- Our 2-monthly subscriber prize is a high-value premium offering that provides great exposure for new product launches or campaigns.
- We also regularly run competitions/giveaways for brands on our digital platforms, which receive excellent engagement.





dish 120 EARLY AUTUMN

The beginning of April brings with it blue-sky days and crisp cool nights, and a hankering for gently warming dishes made with seasonal produce. Issue 120 sees the return of soothing soups, delicious risottos and perfect pasta, autumn faves, and an array of dishes to share over Easter. Think picnic rugs and thermoses of tea with a fruit loaf or a piece of slice, brisk walks by the sea followed by pumpkin risotto or a beef, cheese and chorizo pie –recipes perfect for the 'cusp' season, and one of our favourite times of year.

KEY DATES

On-sale
31 March 2025

Booking deadline

19 February 2025

Advertorial material deadline
27 February 2025

Supplied ad material deadline
3 March 2025



dish 121 THE FIRST OF WINTER

Stock up on firewood and break out the crock pot, winter's arrival signals the time to change up the menu with heartier fare, and we're here for it! Pasta bakes, curries, and pies take centre stage. While we're still enjoying a bit of time in the great outdoors, we're coming home afterwards to get cosy with generous servings of warming dishes.

KEY DATES

On-sale 26 May 2025

Booking deadline 9 April 2025

Advertorial material deadline | Supplied ad material deadline 22 April 2025

28 April 2025

SCGMedia



dish 122 HUNKERING DOWN

In the deepest darkest depths of winter we all need something to look forward to – and this issue delivers with the most decadent mid-winter puds, slathered in wickedly good sauces, alongside a comfort food extravaganza of apres-ski inspired fare. Think slow-cooked Italian lamb shanks on creamy polenta and classic beef bourguignon, it's all about dishes to snuggle in with.

KEY DATES

On-sale 14 July 2025 Booking deadline 4 June 2025

Advertorial material deadline | Supplied ad material deadline 10 June 2025

16 June 2025

OUR RATES

MAGAZINE

Advert placement	Rate*
Double page	\$12,500
Single page	\$7,250
1/2 page	\$4,250
1/3 page	\$3,000
Inside front cover (double page)	\$15,500
Inside back cover	\$8,000
Outside back cover	\$8,500

3-issue rates

Double page	\$10,000
Single page	\$6,000

Advertorial content pricing is based on these advert rates plus production costs.

DIGITAL

Website ad placement	Rate per month		
Home page banner ad	\$5,500		
Home page tile	\$4,250		
Recipe page tile	\$3,500		
Sponsor page banners	\$3,500		

EDM feature	Rate*
Sponsor recipe collection	\$3,500
'The latest' feature	\$2,250
'What we're loving' feature	\$1,250

Each EDM feature is linked to an included sponsored article on the *dish* website. Sponsored recipe collections can include up to 4 recipes.

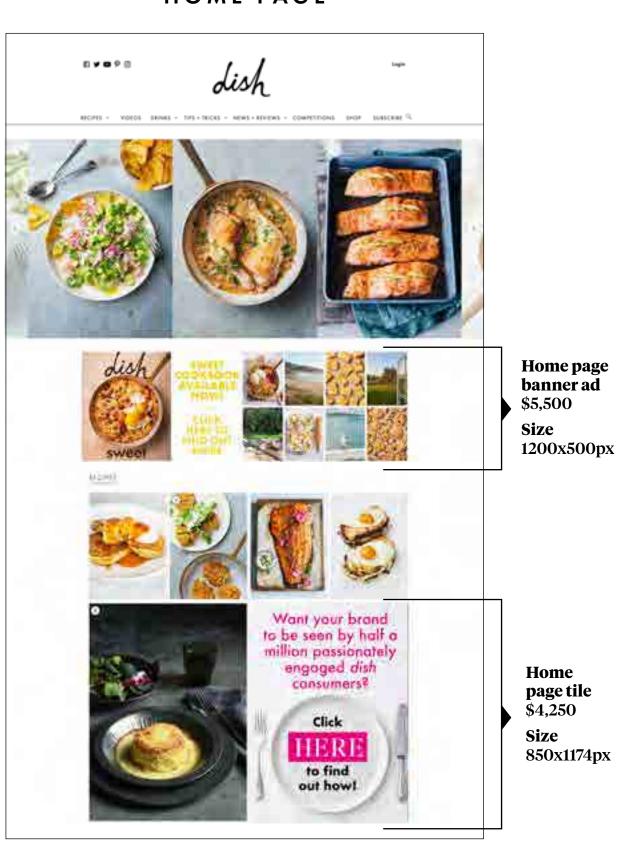
Social post	Rate*	
Sponsored post on		
Instagram & Facebook	\$750	

Want to combine our print and digital opportunities? Explore our *dish* packages on p17, or get in touch to discuss a bespoke package.

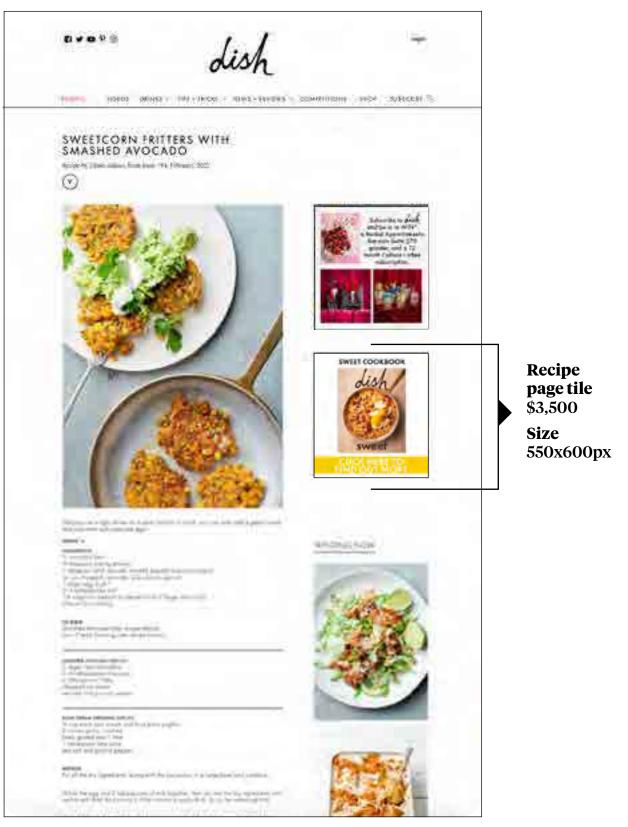
^{*}These rates are exclusive of GST.

dish DIGITAL PLACEMENTS

HOME PAGE



RECIPE PAGE



EDM



SOLUS EDM



BESPOKE CONTENT CREATION

Our recipe creators, photographers and writers can craft bespoke branded content that can be amplified across dish platforms and utilised independently. We have worked with clients on everything from one-off seasonal recipes to 20+ recipe packages.

Options available:

- Recipe creation
- Recipe development, styling and photography
- Recipe development, styling, photography and video
- Bulk costing available

POA











MAGAZINE

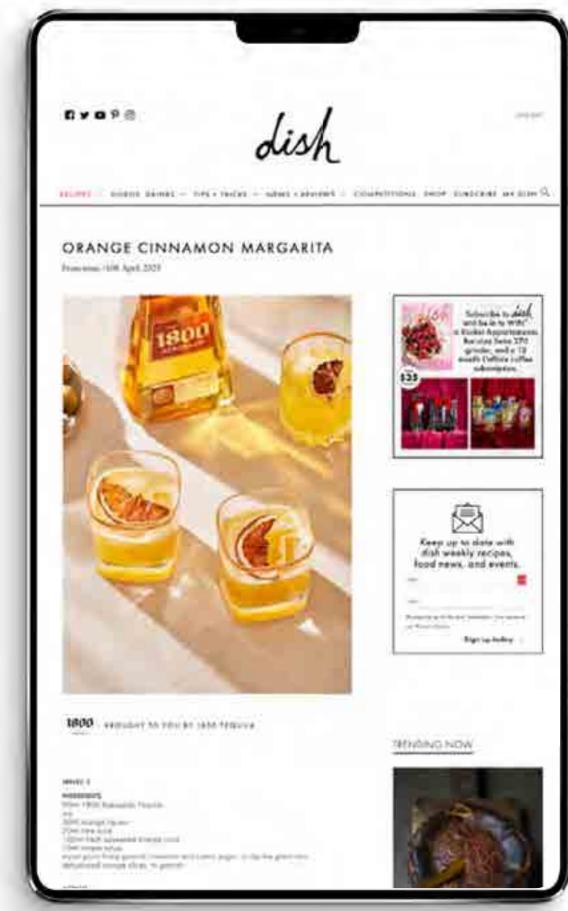




EDM



WEBSITE





INSTAGRAM



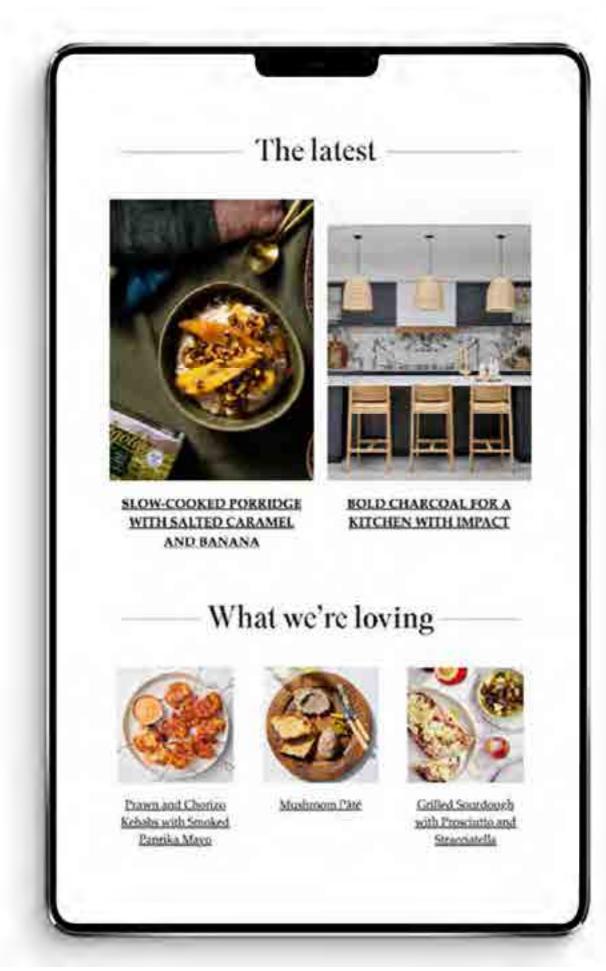
FACEBOOK

CONTENTINTEGRATION EXAMPLES Research to the professionals to

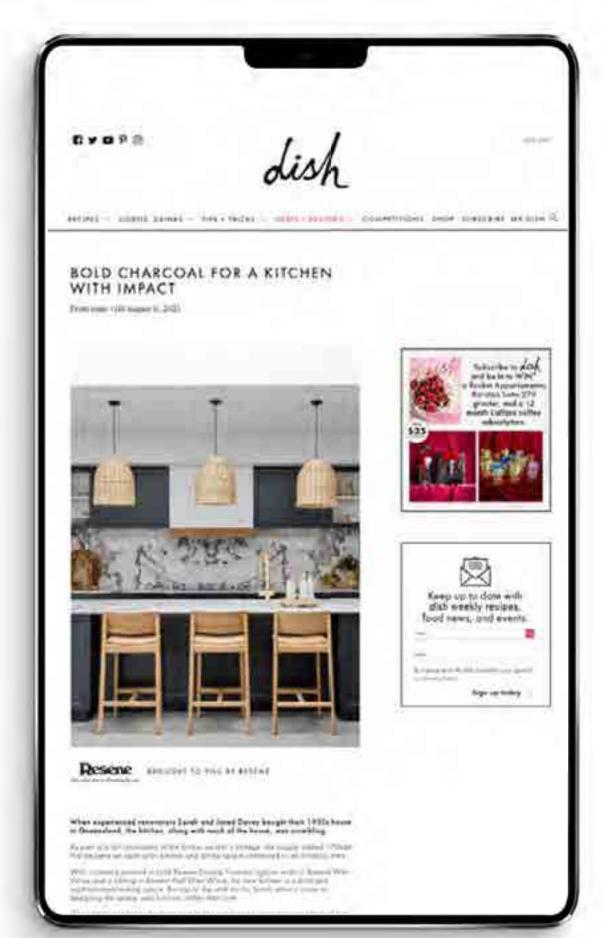
MAGAZINE



EDM



WEBSITE





INSTAGRAM



FACEBOOK

PACKAGE EXAMPLES

LET US MIX AND MATCH TO CREATE YOUR PERFECT PACKAGE

- Full-page brand ad
- Mention in magazine Window Shopping section

\$8,250



SUPPLIED BRAND AD



WINDOW SHOPPING

- Full-page brand ad
- Window Shopping feature
- Sponsored recipe or article on dish website
- EDM Feature
- Social post

Φラ,300



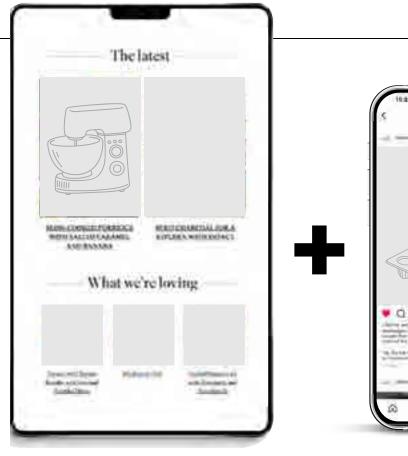
SUPPLIED BRAND AD



WINDOW SHOPPING



RECIPE OR ARTICLE ON dish WEBSITE



EDM FEATURE



SOCIAL

PACKAGE EXAMPLES

- Recipe creation
- Styling & photography
- Full page advertorial (written and designed by dish)
- Window Shopping feature
- Recipe published on *dish* site
- EDM feature
- Social post

\$12,250



RECIPE DEVELOPMENT AND PHOTOGRAPHY



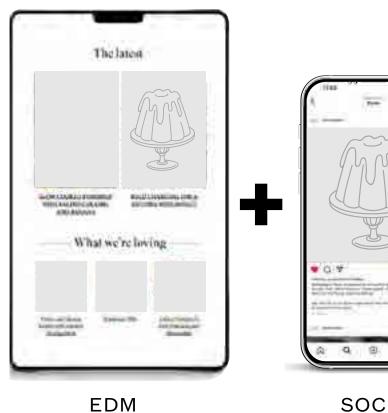
MAGAZINE FULL PAGE ADVERTORIAL: INCLUDES WRITING AND DESIGN



WINDOW SHOPPING



RECIPE OR ARTICLE ON dish WEBSITE

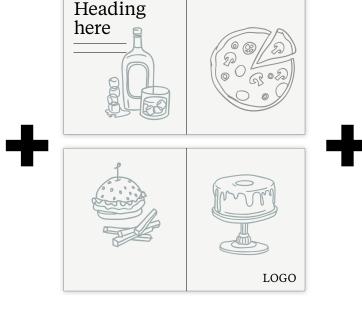


SOCIAL

- Creation of multiple recipes
- Styling & photography
- Multiple page advertorial (written and designed by dish)
- Window shopping feature
- Recipe published on *dish* site
- EDM feature
- Social post



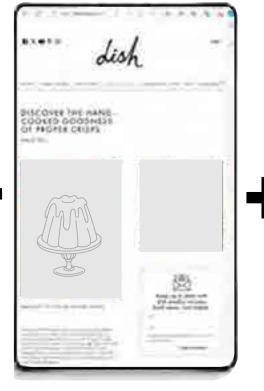
SERIES OF RECIPES AND PHOTOGRAPHY



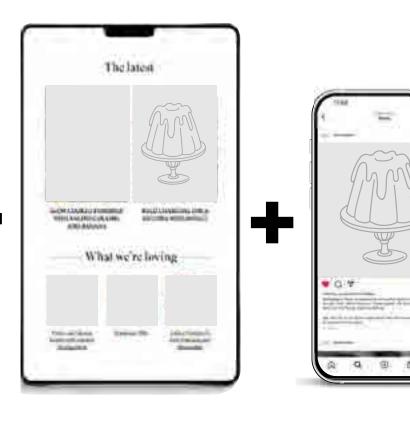
MULTIPLE PAGES IN MAGAZINE



WINDOW SHOPPING



RECIPE OR ARTICLE ON dish WEBSITE



EDM

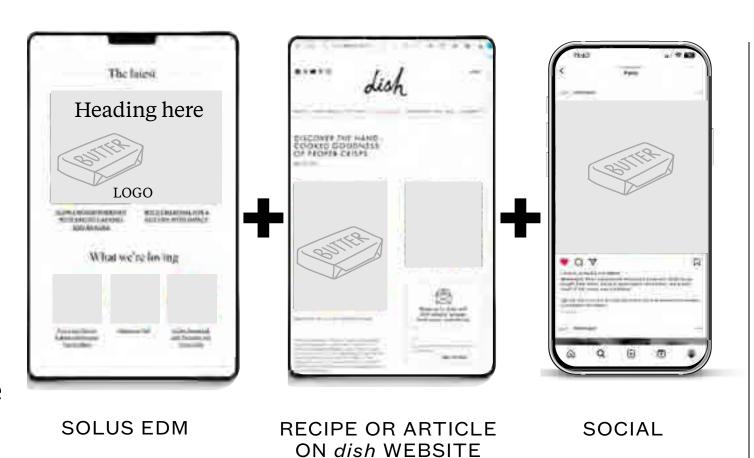
SOCIAL

DIGITAL PACKAGE EXAMPLES

Solus package

- Full takeover of dish EDM to our highly engaged database. Flexible template, designed by our Digital Editor
- 1x article or up to 3 recipes om dish site
- Social post

\$6,500

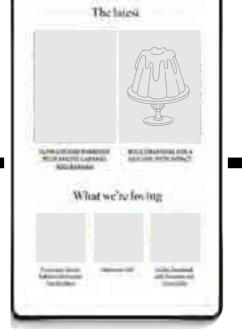


Basic digital package

- 1x article on *dish* site
- EDM feature
- social post

\$1,500







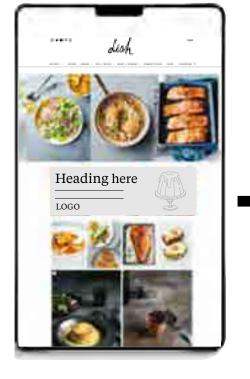
RECIPE OR ARTICLE ON dish WEBSITE

EDM

SOCIAL

Digital sponsor package

- Home page banner ad
- 1 month tenancy
- 1x article or recipe on dish site
- EDM feature
- Social post



HOME PAGE **BANNER**



RECIPE OR ARTICLE ON dish WEBSITE



EDM

SOCIAL

PRINT AND DIGITAL AD SPECIFICATIONS

Supplied print ads:

Mechanical

Size: 230mm (w) x 300mm (h) Binding: Perfect bound Colour: CMYK

Sizes

Full page Double page spread

Trim: 460mm (w) x 300mm (h) Trim: 230mm (w) x 300mm (h) Bleed: 236mm (w) x 306mm (h) Bleed: 466mm (w) x 306mm (h)

Inside front cover (IFC), inside back cover (IBC) and opposing pages

Image area is reduced due to binding (see diagram). Double page spreads should be supplied as single page PDFs with 3mm bleed all round.

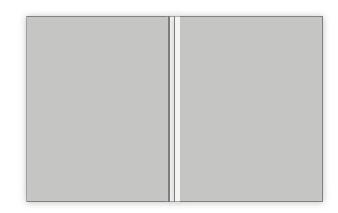
Single page image area

Back cover

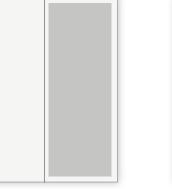
Trim: 224mm (w) x 300mm (h)

Full page portrait

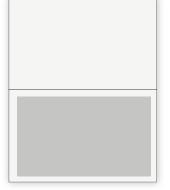
Bleed: 230mm (w) x 306mm (h)



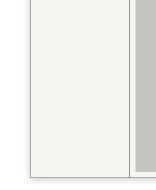
Double page spread 460mm (w) x 300mm (h) + 3mm bleed



Half page vertical 105.5mm (w) x 288mm (h) + 3mm bleed



Half page horizontal 218mm (w) x 141mm (h) + 3mm bleed



Full page single

230mm (w) x 300mm (h)

+ 3mm bleed

Third of a page vertical 66mm (w) x 288mm (h) + 3mm bleed

Material format

Files should be supplied as PDFs using one of the following methods (for Mac or PC):

Using Acrobat Distiller

- 1 Print document to file by selecting PostScript® File printer option in the print dialogue window
- 2 Select Adobe PDF or Acrobat Distiller PPD
- 3 Select an output paper size that accommodates the page trim size, including crop marks and 3mm bleed all round
- 4 Select crop marks
- 5 Select composite CMYK output
- 6 Include all fonts
- 7 Set transparency flattening options to high resolution
- 8 Save to create the PostScript® file
- 9 Launch Adobe Acrobat Distiller
- 10 Select PDF/X1a as the default job options
- 11 Drag and drop the PostScript® file into Adobe Acrobat Distiller to create the PDF

Exporting from InDesign

- 1 From the export options, select preset PDF/X1a
- 2 Select crop marks and 3mm bleed all round
- 3 Ensure font subsetting is set to 100%
- 4 Set transparency flattener options to high resolution

Quality: 300 dpi

Proofs: A colour digital proof is to be supplied with all advertising material. The Publisher accepts no responsibility for reproduction of advertising artwork where a colour digital proof has not been supplied.

Magazine advertorials

- Completed briefing form (provided by *dish*)
- High-res imagery (if not shot by *dish*)
- High-res clear cut product shots (if relevant)

Digital:

dish website features & EDM features

- Portrait hero photo (.jpg or .png)- 850x1174px
- Up to 500 words of copy
- Other images for web feature your preferred dimensions
- All relevant URLs/tags

Maximum web/EDM image file size 2MB. Supplied copy may be slightly altered to align with the style

guidelines of dish. Web feature mockups will be sent to clients for feedback & approval before publishing.

Social posts

- Images 1080x1080px (jpg or .png)
- All relevant URLs/tags

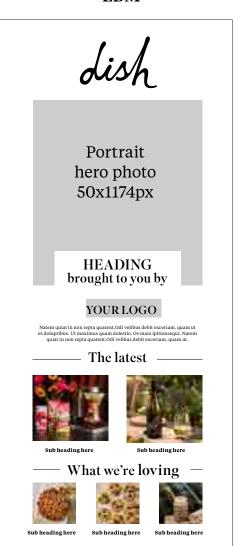
Website advertisements

Ads for the dish website can be supplied as .jpg, .png or .gif files. Please also provide the URL for your ad to direct to, if not linking to content on the dish website.

- Banner Home page & Sponsor page: 1200x500px
- **Tile Home page:** 850x1174px
- Tile Recipe page: 550x600px

Maximum file size 2MB.

EDM



home page *dish* website



Recipe page *dish* website



- Recipe / copy (if not written by *dish*)
- URL to direct digi/print audience

BEL.BONNOR@SCG.NET.NZ

SUPPLIED AD DEADLINES

ISSUES IN PRODUCTION:

Issue	On-sale	Booking deadline	Advertorial material deadline	Supplied ad material deadline
120	31 March 2025	19 February 2025	27 February 2025	3 March 2025
121	26 May 2025	9 April 2025	22 April 2025	28 April 2025
122	14 July 2025	4 June 2025	10 June 2025	16 June 2025

UPCOMING ISSUES:

Issue	On-sale	Booking deadline	Advertorial material deadline	Supplied ad material deadline
123 dish Christmas 2	8 September 2025	30 July 2025	4 August 2025	11 August 2025
uisii Ciii istiilas 2	025:			
124	3 November 2025	24 September 2025	29 September 2025	3 October 2025

